

# Breast History

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

The following information will help the doctor assess your individual needs. However, if you find any questions too personal or embarrassing, please don't hesitate to leave them unanswered and discuss it privately with the doctor.

**REASON FOR CONSULTATION:** (please check)

AUGMENTATION

RECONSTRUCTION

BREAST MASS

GENERAL EXAM

REDUCTION

OTHER \_\_\_\_\_

UPLIFT

\_\_\_\_\_

Have you had any previous breast surgery:  YES  NO

Type: \_\_\_\_\_

Date: \_\_\_\_\_

Do you have or have been told you have any of the following:

Breast lumps:  Yes  No

Breast pain:  Yes  No If YES, how much coffee/cola do you drink a day? \_\_\_\_\_

Fibrocystic disease:  Yes  No

Previous Mammogram

Date: \_\_\_\_\_

Where: \_\_\_\_\_

Results (if known): \_\_\_\_\_

\_\_\_\_\_

Family history of breast cancer:  Yes  No

Mother

Maternal Grandmother

Other \_\_\_\_\_

Maternal Aunt

Sister

Age at first menstrual period: \_\_\_\_\_

Age at last menstrual period: \_\_\_\_\_

Age at birth of first child: \_\_\_\_\_

Have you had prior consultation for this problem?  Yes  No

If so, with whom: \_\_\_\_\_

**Breast Reduction and Augmentation Patients Only (OPTIONAL)**

Bra size now: \_\_\_\_\_

Bra size you think you would like: \_\_\_\_\_