

Injectable Fillers (Restylane Products) Post Care Instructions

- After your treatment, you might have some redness and swelling. This will normally last less than seven (7) days. If redness and swelling should continue beyond seven days or if other reactions occur, please call us.
- Apply cold compresses to the treatment sites to reduce swelling.
- Avoid touching the treatment area within six (6) hours following treatment. After that the area may be gently washed.
- Avoid sunbathing and cold outdoor activities until any redness and swelling disappear.
- If you have previously suffered from facial cold sores, there is risk that the needle punctures could contribute to another recurrence. Specific medications can be prescribed prior to the procedure in order to suppress an infection from this virus.
- Avoid exercise and alcohol for six (6) hours following treatment.
- Having a follow up treatment before the product has fully dissipated may enhance the lasting effect. Please be sure to contact us about recommendations for touchups.
- One (1) week prior to your next treatment with injectable fillers, avoid taking St John's Wort, high doses of vitamin E supplements, aspirin, and other non-steroidal anti-inflammatory medications, such as ibuprofen. These agents may increase bruising and bleeding at the injection site.
- If you have changes in your vision, signs of stroke (including sudden difficulty speaking, numbness or weakness in your face, arms or legs, difficulty walking, face drooping, severe headache, dizziness or confusion), white appearance of the skin, or unusual pain during or shortly after treatment, you should notify the office immediately.

If at any time during office hours or after hours you have any questions, concerns, or problems, please feel free to contact the office at (979) 297-9289. If calling after hours, follow the instructions given on the message.

Signature - Patient

Print Name

Date